

September 2024

# The Apple Newsletter

News and Highlights from  
Community Help Network, Inc.

Volume 31



**Did you know  
that each  
Buddy Bag  
contains six  
meals?**

2x Breakfast, 2x Lunch, 2x Dinner plus  
snacks. This past school year we were  
packing an average of 540 Buddy Bags  
each week for 37 weeks.

**6 x 540 = 3,240 weekly meals.  
3,240 x 37 = 119,880 meals for the  
school year!**

Our numbers of students we are serving  
has grown significantly this school year.  
We can only do this with your help!



We are grateful to  
the Legacy  
Foundation for  
their continued  
support. It was  
great to have them  
in for a visit.



Lake County's Community Foundation



Hometown Happenings is a long-  
time, devoted and consistent supporter  
of Buddy Bags. They are going to  
donate \$5 for every runner that signs  
up for any race using code  
"BuddyBags" at checkout.  
Thank you, Tim Fealy and  
your incredible organization.

## From Bonnie's Messy Desk

Ready. Set. Go!

It's that time of year again and we are excited to start packing and  
delivering. Bill, who is 94, is one of our regular and very  
dedicated volunteers on packing Tuesdays. He called me the  
other day to verify when packing would begin for this new school  
year. He is ready!



And, so are we, thanks to the generosity of the community we serve. Our partnerships with  
local businesses, service organizations, foundations, churches and individuals, makes it  
possible for us to prepare Buddy Bags for 600 food insecure elementary students throughout  
South Lake County on a weekly basis. In addition, we supply the families of almost 200 food  
insecure middle school students with a monthly \$20 grocery card to make sure those students  
have food for the weekend. And let us not forget our Household Pantry that is serving over  
100 low-income South Lake County families every month, providing them with necessities  
that cannot be purchased with SNAP benefits.

We can do none of these things without you! You who give of your time, talents and treasure  
keep us going and growing. Thank you!

Community Help Network, Inc.  
serving south lake county, IN  
250 East Burrell Drive  
Crown Point, IN 46307

**Provider Fair**  
Saturday September 7th  
9:00 am - 1:00 pm

Franciscan Prenatal Assistance  
(Assists expectant mothers in accessing help)

Geminus Head Start  
(Free Preschool for low-income families)

St. Jude House  
(Domestic violence shelter & mobile advocacy)

Sea Cadets - Polar Star Battalion  
(Program for youth 10-18, using Navy regulations to make them exceptional leaders)

Lirio  
(Medicaid waiver services for individuals with disabilities)

In-Pact  
(Group homes, supported living and activities for persons with disabilities)

Regional Health Systems  
(Health care education/preventative health care)

Boys & Girls Clubs of Greater NW Indiana  
After-school youth programming for ages K-8

**Everyone is Welcome. No Charge.**  
Morning Refreshments served until 10:30  
Ladle of Love served 11:00 am until 1:00 pm  
Hot dogs, chips, drinks and desserts.



**Are you interested in becoming  
a CHN Community Partner?**

**Give Dian Reyome a call at 219-  
682-5356 or shoot her an  
email at  
dianreyome@gmail.com.**

Thank you, Lisa Kerman, Jenna Fodemski and  
Patrick Rickman at Bells Brewery for supporting  
CHN. All during August, at the three Buddy & Pals  
locations, Bells Brewery donated \$1 for each pint of  
Two Hearted IPA or Oberon sold. Total donation  
was \$500!!!



The Board was happy  
To support the cause!

## Ladle of Love

Bi-Monthly  
Free Luncheon  
1st and 3rd  
Saturdays of the Month  
11:00 a.m. - 1:00 p.m.



550 East Burrell Drive  
Crown Point, IN  
219-805-3717



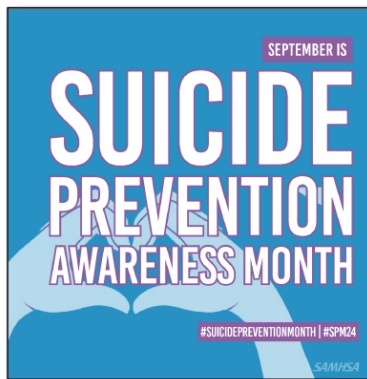
(Free Will Offering Accepted  
But Never Expected)

**Ladle of Love** returns in its regular form on  
Saturday September 21<sup>st</sup> and help is needed. For  
this Saturday and the following two Saturdays,  
Bonnie will be unavailable. (She has made food  
in advance, though.) Kitchen help, dining hall  
help, serving and clean up help are all needed.  
Please check volunteer opportunities on  
signupgenius.com or shoot us an email at  
[communityhelpnetwork2020@gmail.com](mailto:communityhelpnetwork2020@gmail.com)  
Come and enjoy the fellowship, food and fun on  
The 1<sup>st</sup> & 3<sup>rd</sup> Saturdays of the month from  
11:00 am 1:00pm. Free Will Offering Accepted,  
but Never Expected.

**All are welcome!**



In Crisis? Call or Text 988



## Is it time for you to make a Retirement Plan or IRA Distribution?

We ask that you consider a donation to Community Help Network. Join us in our vision to help make all in our community lead a life of self-reliance.

"We started school yesterday, by we I mean the teachers. The students do not return until Thursday. I wanted to share a thought my superintendent shared with us. 'To several of our students, Thursday will be the first day that they see a friendly face all summer. It may very well be the best meal they have had in months. These students whether they will admit it or not, have missed you as a constant in their lives. So come Thursday hide away your stress, your reservations about CCSS and new teaching programs, and remember to smile and love the kids. Some of them really need it.'"

— J.Walker in the WeAreTeachers Helpline Group

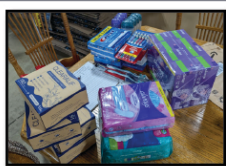
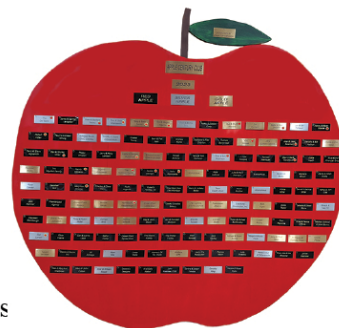


Hunger Hike 2024  
<https://secure.qgiv.com/event/hunhik20/>  
 Join Community Help Network in supporting our partner, The Foodbank of Northwest Indiana, at their Hunger Hike 2024 on Saturday, September 21. Community Help Network purchases the contents of the Buddy Bags from The Foodbank of Northwest Indiana. Please visit the website, join as an individual or team member and raise funds to help fight food security in our communities. Join us with your family and friends to run, walk, or bike on September 21

## Become a Century Club Member Today



<https://www.communityhelpnet.org/donations>



[https://www.amazon.com/hz/wishlist/ls/34UKLZO74ZXQQ?leftNavSection=Reorder&ref=abls\\_inv\\_rl](https://www.amazon.com/hz/wishlist/ls/34UKLZO74ZXQQ?leftNavSection=Reorder&ref=abls_inv_rl)

Our Amazon Household Pantry Wish List continues to bless us with much needed items for our clients. Our heartfelt gratitude goes out to all who have donated!

Kelly Bittorf of the Kimbrough Work Release Program in Crown Point is presented with hygiene kits from CHN by Executive Director Bonnie Meyer and Board Member Janice Malchow.

