

October 2024



# The Apple Newsletter

News and Highlights from  
Community Help Network, Inc.

Volume 32



**Did you know  
that each  
Buddy Bag  
contains six  
meals &  
snacks?**

## Last Year's Numbers

2x Breakfast, 2x Lunch, 2x Dinner plus  
snacks. This past school year we were  
packing an average of 540 Buddy Bags  
each week for 37 weeks.

$6 \times 540 = 3,240$  weekly meals.

$\$5 \times 540 = \$2,700$  weekly expenses.

$\$2,700 \times 4 = \$10,800$  monthly expense.

$\$20 \times 166 = \$3,320$  monthly gift card expense.

$\$14,120$  Total monthly expense.

## This Year's Numbers

At this time, we are packing 670 Buddy  
Bags each week.

$670 \times \$5 = \$3,350$  weekly expense.

$\$13,350$  monthly expense.

$\$20 \times 186 = \$3,720$  monthly gift card expense

$\$17,070$  Total monthly expenses.

We provide a monthly \$20 Stracks' Grocery  
Card to 166 qualifying students in three  
middle schools. These cards are mailed  
directly to the families of the students to be  
used to ensure they have enough to eat over  
the weekend. The number of students we are  
serving has grown significantly over last  
school year and the numbers keep going up.

Eden Koenig and  
Lindsay Frohnapple  
Represented CHN at  
The Lowell Rotary  
annual Purse BINGO.  
Lowell Rotary is a  
faithful supporter of  
CHN.



Thank you, Women's Giving Circle of the  
Crown Point Community Foundation, for  
choosing CHN as one of the \$2,000 grant  
recipients at your annual event!  
CHN Board members in the front row:  
Eden Koenig, Ruth Argenta, Lindsay  
Frohnapple, Bette Oesterle and Sue Riester.



We are grateful to Crown Point  
Rotary. They donated \$5,000 in  
proceeds from their successful  
annual fundraiser, Blues, Brews &  
BBQ held September 14<sup>th</sup>. What a  
great bunch of generous and  
compassionate folks!



**Are you interested in becoming  
a CHN Community Partner?**

**Give Dian Reyome a call at 219-  
682-5356 or shoot  
her an email at  
[dianreyome@gmail.com](mailto:dianreyome@gmail.com).**



Hometown Happenings is a long-time,  
supporter of Buddy Bags. They will  
donate \$5 for every runner that signs up for  
any race using code "BuddyBags" at  
checkout. Sign up now for Witches in the  
Woods 5K/2K Walk/Run

[runsignup.com/race/IN](https://runsignup.com/race/IN)

**Ladle of  
Love**

**Bi-Monthly  
Free Luncheon**

1st and 3rd  
Saturdays of the Month  
11:00 a.m. - 1:00 p.m.



550 East Burrell Drive  
Crown Point, IN  
219-805-3717



(Free Will Offering Accepted  
But Never Expected)

**Ladle of Love** October dates are the 5<sup>th</sup> and the  
19<sup>th</sup>. Kitchen help, dining hall help, serving and  
clean up help are all needed. Please check  
volunteer opportunities on [signupgenius.com](https://signupgenius.com) or  
shoot us an email at  
[communityhelpnetwork2020@gmail.com](mailto:communityhelpnetwork2020@gmail.com)  
Come and enjoy the fellowship, food and fun on  
The 1<sup>st</sup> & 3<sup>rd</sup> Saturdays of the month from  
11:00 am 1:00pm. Free Will Offering Accepted,  
but Never Expected.

**All are welcome!**



It's time to work on the 2025 budget. It is a scary time and an exciting time as we witness the growth of Community Help Network. Foremost on our hearts and minds as we face this task are the people we serve, particularly the students. Our goals are continuity and sustainability. We work to keep our programs the best they can be now and well into the future. We can do neither of those without the support of you and so many others. Grants and corporate sponsors are great and extremely helpful. But, it's the grassroots support of individuals that keep us strong and motivated. Knowing that our work is supported by the communities that we serve is a huge reward and incentive to keep going, even when times get challenging.

2025 will bring some changes to our Board of Directors and Officers of the Board. All who have served on the Board are people of courage and compassion. Our Board has always been a "working board", filled with people not afraid of getting a little sweaty or getting their hands dirty. I am grateful for every one of them, past, present and future.

Bonnie



**Is it time for you to make a Retirement Plan or IRA Distribution?**

We ask that you consider a donation to Community Help Network. Join us in our vision to help make all in our community lead a life of self-reliance.



Thank you, Region Roots for your incredibly generous donation of broccoli, pears and blackberries for our Household Pantry clients! Everything was much appreciated.



Ruth Argenta and Valerie Van Schouwen represented CHN at the NWI Foodbank annual Hunger Hike.



Some of the lovely ladies of the Board. Kathy D., Aracely L., Bette O., Lindsay F., Sue R., and President Eden Koenig.

*Become a Century Club Member Today*



<https://www.communityhelpnet.org/donations>



One of the weekly inspirational notes included in every Buddy Bag. We put information for parents on the backside.

