



Did you know that each **Buddy Bag** contains six meals & snacks?

Last Year's Numbers

2x Breakfast, 2x Lunch, 2x Dinner plus snacks. This past school year we were packing an average of 540 Buddy Bags each week for 37 weeks. $6 \times 540 = 3.240$ weekly meals. $5 \times 540 = 2,700$ weekly expenses. $2,700 \times 4 = 10,800 \text{ monthly expense.}$ $$20 \times 166 = $3,320 \text{ monthly gift card expense.}$ \$14,120 Total monthly expense.

This Year's Numbers

At this time, we are packing 670 Buddy Bags each week. $670 \times $5 = $3,350 \text{ weekly expense.}$ \$13,350 monthly expense. $$20 \times 186 = $3,720 \text{ monthly gift card expense}$ \$17,070 Total monthly expenses. We provide a monthly \$20 Stracks' Grocery Card to 166 qualifying students in three middle schools. These cards are mailed directly to the families of the students to be used to ensure they have enough to eat over the weekend. The number of students we are serving has grown significantly over last school year and the numbers keep going up.





Hometown Happenings is a long-time, supporter of Buddy Bags. They will donate \$5 for every runner that signs up for any race using code "BuddyBags" at checkout. Sign up now for Witches in the Woods 5K/2K Walk/Run

runsignup.com/race/IN

The Apple Newsletter

News and Highlights from Community Help Network, Inc.

Volume 32

From Bonnie's Messy Desk

I would like to thank Eden Koenig and Lindsay Frohnapple for holding down the fort while I was on vacation. Great job ladies in giving me nothing to worry about for those two weeks!!! I would also like to thank all our incredible volunteers, including members of our Board of Directors, for all their hard work and dedication. Our Board is a WORKING Board!

I invite anyone who has never visited us or those who have not been by lately, to come see our improvements, thanks to the organizing skills of Lindsay.



Thank you, Women's Giving Circle of the Crown Point Community Foundation, for choosing CHN as one of the \$2,000 grant recipients at your annual event! CHN Board members in the front row: Eden Koenig, Ruth Argenta, Lindsay Frohnapple, Bette Oesterle and Sue Riester.

Eden Koenig and Lindsay Frohnapple Represented CHN at The Lowell Rotary annual Purse BINGO. Lowell Rotary is a faithful supporter of CHN.





Are you interested in becoming a CHN Community Partner? Give Dian Revome a call at 219-682-5356 or shoot her an email at dianreyome@gmail.com.

We are grateful to Crown Point Rotary. They donated \$5,000 in proceeds from their successful annual fundraiser, Blues, Brews & BBQ held September 14th. What a great bunch of generous and compassionate folks!



Ladle of Love October dates are the 5th and the 19th. Kitchen help, dining hall help, serving and clean up help are all needed. Please check volunteer opportunities on signupgenius.com or shoot us an email at

communityhelpnetwork2020@gmail.com

Come and enjoy the fellowship, food and fun on The 1st & 3rd Saturdays of the month from 11:00 am 1:00pm. Free Will Offering Accepted, but Never Expected.

All are welcome!

It's time to work on the 2025 budget. It is a scary time and an exciting time as we witness the growth of Community Help Network. Foremost on our hearts and minds as we face this task are the people we serve, particularly the students. Our goals are continuity and sustainability. We work to keep our programs the best they can be now and well into the future. We can do neither of those without the support of you and so many others. Grants and corporate sponsors are great and extremely helpful. But, it's the grassroots support of individuals that keep us strong and motivated. Knowing that our work is supported by the communities that we serve is a huge reward and incentive to keep going, even when times get challenging.

2025 will bring some changes to our Board of Directors and Officers of the Board. All who have served on the Board are people of courage and compassion. Our Board has always been a "working board", filled with people not afraid of getting a little sweaty or getting their hands dirty. I am grateful for every one of them, past, present and future.

Bonnie



Some of the lovely ladies of the Board. Kathy D., Aracely L., Bette O., Lindsay F., Sue R., and President Eden Koenig.



Is it time for you to make a Retirement Plan or IRA Distribution?

We ask that you consider a donation to Community Help Network. Join us in our vision to help make all in our community lead a life of self-reliance.



Thank you, Region Roots for your incredibly generous donation of broccoli, pears and blackberries for our Household Pantry clients! Everything was much appreciated.







Ruth Argenta and Valerie Van Schouwen represented CHN at the NWI Foodbank annual Hunger Hike.

Become a Century Club Member Today



https://www.communityhelpnet.org/donations



One of the weekly inspirational notes included in every Buddy Bag. We put information for parents on the backside.











Full Glas Carring











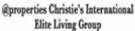


amazon.com









550 East Burrell Drive Crown Point, IN 46307 (219) 805-3717

















communityhelpnetwork2020@gmail.com www.communityhelpnet.org Like us on Facebook.

Lake County's Community Foundation

