



The Apple Newsletter

News and Highlights from
Community Help Network, Inc.

Volume 21



Tuesday, November 7th at 11:30 a.m., we will start cleaning up the garden. Please come join Beth and Kathy if you can. Bring your garden shears. We have plenty of gloves.



Century Club is a success!
There are now over **100** members!!
Keep up the good work everyone!
This is such a wonderful way of showing your continuing support for CHN and our programs.
This QR Code will take you to the form on our website.



You can see our many volunteer opportunities via our website.
<https://www.communityhelpnet.org/how-to-help/>

The Witches in the Woods race on Friday October 27th was a fun and successful race. Lots of friendly folks stopped by our table and signed up on our volunteer list. Thank you Sue Riester and Bette Oesterle for being such good ambassadors.
Find out how to join and/or support **Team Buddy Bags** by emailing Paul Sills:
Harrier113029@gmail.com
hometownhappenings.net



Miranda O'Block, owner of Tavern on Main, presented co-treasurer Sue Riester with a \$3,500 check from Tri Kappa and a \$520 check from Tavern on Main from their recent Give Back Tuesday fundraiser for CHN.

Community Partners help make Ladle of Love the place to be on the first and third Saturdays of the month. There is no charge and everyone is welcome!



Tavern on Main, Full Plate Catering and Great Harvest Bread Co. join forces for Ladle of Love on Saturdays November 4th & 18th. Chef Honey will be crafting something special just for Ladle of Love, Kristy from Full Plate Catering will be creating the perfect chicken and noodle dish for a November day and some truly amazing bread will be provided by Great Harvest Bread Co.



Volunteers from YMCA Adventure Maidens with some of our regulars.



Full Plate Catering

Ladle of Love

Bi-Monthly
Free Luncheon
1st and 3rd
Saturdays of the Month
11:00 a.m. - 1:00 p.m.



Community Help Network
Home of
BUDDY BAGS
550 East Burrell Drive
Crown Point, IN
219-805-3717



(Free Will Offering Accepted
But Never Expected)

New Pantry Days & Hours

Providing hygiene items, paper products and cleaning supplies to low-income families in South Lake County.

Open Tuesdays and Saturdays 9:00 am until Noon and Wednesdays 5:00 pm until 7:00 pm

The number of families utilizing the pantry has increased significantly. We are in need of Community Partners who can keep a collection bin for pantry items in their place of business. Call or email if you are interested. Thank you!



New blessings have risen (pun intended). The Great Harvest Bread Company that just opened in Crown Point off Broadway, is blessing CHN with bread and other delicacies from their café, each Friday evening. They have an incredible array of breads, pastries, soups and more. Give them a try.

10420 Broadway
Crown Point



From Bonnie's Messy Desk



As the holidays approach, let us all remember that those folks that are most in need are not always obvious. So many in our community are living paycheck to paycheck. They may look like everything is fine, yet they lose sleep worrying about medical bills, car repairs and what the future holds for their children. Let us show kindness and compassion in all we say and do whenever we can, wherever we can. This is the best lesson we can teach our children.

Here are some statistics I think you will find interesting. 15% of students in the southern part of Lake County, IN qualify for free and reduced lunch. That is 4% higher than the national average. The Federal Poverty Guidelines for 2023 are: Family of four \$30,000. Family of five \$35,140. Family of six \$40,280. (Some assistance programs do allow for adjustments above these guidelines.) Ask yourself how that compares to your income.



1611 US 30, Merrillville, IN



Andrew Rudd, manager of Meijer store #165 in Merrillville, presents E.D. Bonnie J Meyer and CHN board members Dian Reyome, Eden Koenig and Kathy Dybowski with a \$10,000 check representing the \$10,000 in Meijer gift cards CHN will be provided to support our various programs.



The kids have something to color. And, we put important information for parents on the back side.



Community Help Network, Inc.

550 East Burrell Drive
Crown Point, IN 46307
(219) 805-3717

communityhelpnetwork2020@gmail.com
www.communityhelpnet.org

Like us on Facebook



Lake County's Community Foundation



730 E. Lincoln Hwy, Schererville
1615 Calumet Ave., Valparaiso

John W. Anderson Foundation

Once or twice in a school year we include a small bag of hygiene items in each Buddy Bag. This is an effort to encourage proper hygiene which leads to better health. This fall we have had a tremendous amount of help from the MOPS group from Crown Point's Trinity Lutheran Church.



Crown Point MOPS
trinitycpmops@gmail.com

https://sites.google.com/view/trinitycrownpointmops/home?fbclid=IwAR2wKtC4C55WnoUEbEMXZrUksNgHTuIQ3uWunIvyTIinawCovi_X07EmT23U

MOPS stands for Mothers of Preschoolers and is an international ministry and group of moms, led by moms. The Trinity group is led by Jenna Frey and Caitlyn Castellero. Emily Tite is the head of service projects and fundraising. The ladies assembled hundreds of hygiene bags and donated items to create many more.



Owen Frey helps carry hygiene kits into CHN warehouse.



Here is your opportunity to start a new Thanksgiving Tradition! Start off Thanksgiving morning by joining Hometown Happenings and Team Buddy Bags at the inaugural *Flying Turkey 5K/2K Run/Walk*. Thursday morning, November 23rd at 8:00 a.m. meet up with other enthusiastic runner/walkers at the Crown Point First United Methodist Church, 352 South Main Street. This event helps support Community Help Network, Inc., home of Buddy Bags. Buddy Bags is a program that helps provide weekend supplemental nutrition for over 700 food insecure students in the four school districts of southern Lake County. See Hometown Happenings Facebook Page for more information and to sign up for the race.



Meet Brenda Tovsen and the @Properties Team.
<https://www.atproperties.com/nw-indiana/offices/crown-point>
 This energetic group of hard-working realtors is gracing the warehouse the second Tuesday of each month. They are helping clients in the Household Pantry and anything else Bonnie and Eden come up with. They are joy to have with us. Thank you, Brenda and Team @Properties.

Another Successful and Enjoyable Ladle of Love on November 4th. Thank you John and Miranda O'Block, Christy Murphy, Chef Honey, Tina Pelton Robinson, Chef Carol, Paul Sills and all other marvelous volunteers that make Ladle of Love fun and

