



Volume Seven
August 2022

The Apple Newsletter

News and Highlights from
Community Help Network, Inc.



To volunteer go to
www.signupgenius.com or use this
QR Code. Use our email to find
the list of opportunities.
Communityhelpnetwork2020@gmail.com



Ladle of Love is taking some time off.
Our next Ladle of Love will be Saturday,
September 17th from 11:00 am until 1:00 pm.
We will be serving spaghetti, garlic bread,
salad and desserts.

Hometown Happenings and Community Help Network
Working together to make a difference.

NEW at the [Hub City Races: 20 Mi, Half, 10K & 5K](#) on Sunday, Sept. 18th, 7-8 am starts, in
Crown Point. NEW 20 Miler to [Fleet Feet Schererville](#). NEW 10K. MEDALS to ALL signed
up by 8/24. NEW pasta dinner at early packet pickup hosted by [Community Help Network,
Inc.](#) - home of the Buddy Bags! Please join us & be a part of it:
<https://www.yourhometownevents.com/runs-walks/hubcity/>

To make donations go to:
www.communityhelpnet.org
Or scan this QR Code with your
smartphone camera.



Crockpot Cookery

Freezer to Crockpot Meals
Our next class will be **Wednesday**
August 17th at 4:00 pm.
Use the Main Entrance.
\$15 fee per participant.
(Can be waived, scholarships available.)
A limit of 10 participants.
RSVP via email
Communityhelpnetwork2020@gmail.com

New This Summer

Crockpot Cookery Program –
*Freezer to crockpot meal prep
class.*

Community Vegetable Garden
*Help is needed. Volunteer one
hour a week to water and weed.*

Looking to the Fall-Winter

*Pancake Breakfast
Cookie Walk
?*

*Do you have an idea?
Let us know.*

Ruffle Shirt Hill



A heartfelt thank you to the cast and crew of Ruffle Shirt Hill, and to Marion
Kellum, playwright extraordinaire. Lots of hours of practice, planning and
performing resulted in over \$5,000 raised!

Also, a huge thank you to Val Stahl, Debbie Bonneau, Dian Reyome and all the
kitchen help that made such incredibly delicious hors' devours and sweets.

Buddy Bags – serving nearly 800 students in 20 schools in 4 schools districts throughout South Lake County, IN. We are looking forward to another successful school year. Hope you will join us in one way or another.

Household Pantry – Providing hygiene items, paper products and cleaning supplies to low-income families in South Lake County. Open Tuesdays 9:00 am until 1:00 pm and Saturdays 9:00 am until Noon.

Little Free Library – A large selection of books for all ages. All books are free. Open any time there are people at the warehouse.



Still room for golfers and volunteers. See our website.

Welcome to the Garden
Lend a hand and reap the benefits.
Call 219-805-3717 or stop in.

Beefsteak Tomatoes



Grape Tomatoes



Dill, Basil, Sage, Parsley, Oregano and Garlic!

Zucchini



Name this squash. We think it's a summer squash.

Many thanks to those who have put in time and labor to help this garden grow. We would like your participation, too. Call or stop in and let us know how you can help. If you know someone who could use some fresh produce, let us know that, too.



Greet each day with your best smile.

This is a sample of the weekly inspirational notes that are placed in every Buddy Bag.



Community Help Network, Inc.

550 East Burrell Drive
Crown Point, IN 46307
(219) 805-3717

communityhelpnetwork2020@gmail.com

www.communityhelpnet.org

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